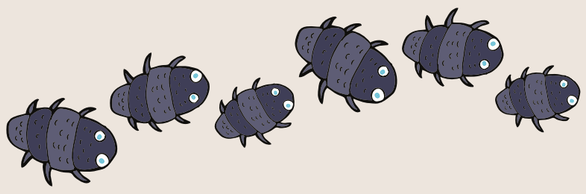
THE DREADED ALLERGIES

A Skin Disease With No Cure

MOST COMMON CAUSES OF CHRONIC ITCHING

-External parasites such as fleas and mites
-Allergies including environmental and food



FLEA ALLERGY:

Flea allergy is the most common skin disease in pets, triggered by a reaction to flea saliva — even from just a few bites.

Year-round use of flea preventatives is key to managing symptoms and reducing itching.

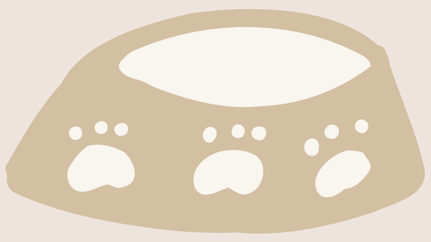
Ask us about our flea control options!

FOOD ALLERGY

Food allergies in pets are usually caused by proteins like chicken or beef.

Since there's no reliable test, we recommend a 6–8 week trial with a hydrolyzed diet (like Hill's z/d, Royal Canin HP, or Purina HA).

If symptoms improve, ingredients can be reintroduced one at a time to identify the allergen.



ATOPIC DERMATITIS/ ENVIRONMENTAL

Environmental allergies in pets — caused by things like pollen, dust mites, or molds — can lead to skin or ear inflammation.

The best treatment is blood allergy testing followed by immunotherapy to help build long-term tolerance.

ALLERGY TESTING

Heska Allergy Testing involves sending a blood sample to an external lab. Based on the results, custom immunotherapy drops or injections are made.

Cost:
-Allergy test (environmental): $225.55*
-Immunotherapy: ~ $200* for the first 5 months
-$50 discount if ordered within 21 days of testing

Immunotherapy can take up to 9-12 months for results

Prices as of 10/2025

TREATMENT OPTIONS:

Over the counter options:

- Benadryl
- Zyrtec

Prescription:

- Apoquel Tablets (Twice a day dosing then once a day dosing)
- Cytopoint Injection (can last 4-8 weeks)
- Befrena Injection (can last 6-8 weeks)
- Zenrelia Tablets (once a day dosing)
- Prednisone Tablets (Steroid not intended for long term use)
- Numelvi Tablets (once a day dosing)